



AVAMERE
at MOUNTAIN RIDGE

EXAMPLE DAILY MENU

BREAKFAST

JUICE

Orange, Apple, Cranberry

CEREAL

Oatmeal or Cold Cereal.

BREAD SELECTION

White, Wheat, Raisin, English Muffin

ON THE GRILL

Made to Order Eggs, Bacon,
Sausage, Hash Browns,
Pancakes, French Toast

LUNCH

ENTREES

Country Fried Steak w. Gravy

Honey Glazed Roasted Turkey

SIDES

Mashed Potatoes
Corn

DESSERT OF THE DAY

DINNER

APPETIZER

Soup Du Jour

ENTREE

Grilled Fish Sandwich

SIDES

Peaches
Vinaigrette Cucumbers

DESSERT OF THE DAY