



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activities for Assisted Living	1 9:15 Let's Talk 10:15 Strength & Cardio 10:30 Coffee Break 11:00 Scenic Bus Ride 1:30 Walking Club Meeting 2:00 Short Stories 6:00 Family Home Evening	2 9:15 Current Events 10:15 Chair Chi 10:30 Mountain Market open 11:00 Blood Pressure Clinic 11:15 Beginning Balance 1:10 Craft w/ Aleeah 2:00 Balloon Volleyball 3:00 Accordion Music with Jim	3 9:15 Meditation Class 10:15 Balance class 11:00 Black Jack with Johnny 1:10 Game Time 2:00 Discussions/Music 3:00 Penny Bingo 4:00 Wine Tasting	4 Happy 4th of July 9:15 Test Your Noggin 10:15 Exercise 10:30 Mountain Market Open 11:00 You know UNO 1:15 Hand Massage 2:00 4th of July Trivia 3:00 Guess What? Independence Day	5 9:15 Shopping at Walmart 9:30 Exercise with Symbi 10:15 Fun Fitness 11:00 Craft w/Katie 1:10 What a Word 2:00 Circle of Balloons 3:00 Piano with Terry 6:00 Friday Night Flick	6 10:00 Candy Bingo 11:10 Bowling 1:30 Games with Sydney 2:30 Stitching Group 6:15 Saturday night movie
	7 9:45 LDS Sacrament 10:30 Coffee Break 10:40 Relief Society & Priesthood Mtg. 1:30 Afternoon movie in Living room 2:30 Bible Study 3:00 Walking Club	8 9:15 Let's Talk 10:15 Strength & Cardio 10:30 Coffee Break 11:00 Bus Ride to Farr's 2:00 Resident Council 6:00 Family Home Evening	9 9:15 Current Events 10:15 Chair Chi 10:30 Mountain Market open 11:15 Beginning Balance 11:00 Walker Wheelchair clinic 1:10 Craft w/Aleeah 2:00 Poetry Lovers Unite 3:00 Fun Music with Saunders	10 9:15 Meditation Class 10:15 Balance class 11:00 American Trivia 11:00 BBQ in Courtyard 12:30 Ambassador Team 1:10 Game Time 2:00 Discussions/Music 3:00 Penny Bingo 4:00 Wine Tasting	11 9:15 Test Your Noggin 10:15 Performance Drumming 10:30 Mountain Market Open 11:00 Water Games in Courtyard 1:15 Lovely Nails 2:00 Creative Writing w/Jack 3:00 Cooking with Mike 6:00 Music with Spencer	12 9:15 Shopping at Fresh Market 9:30 Exercise with Symbi 10:15 Fun Fitness 11:00 Craft w/Katie 1:10 Pencil Art 2:00 Table Pong 6:00 Friday Night Flick
14 9:45 LDS Sacrament 10:30 Coffee Break 10:40 Relief Society & Priesthood Mtg. 1:30 Afternoon Movie in Living room 2:30 Bible Study 3:00 Service of Hymns & Prayers in the Library 3:00 Walking Club	15 9:15 Let's Talk 10:15 Strength & Cardio 10:30 Coffee Break 11:00 Scenic Bus Ride 2:00 Short Stories 3:00 Body Talk with Ken 6:00 Family Home Evening	16 9:15 Current Events 10:15 Chair Chi 10:30 Mountain Market open 11:00 Ice Cream Social 11:15 Beginning Balance 1:10 Craft w/Aleeah 2:00 Story-fest Story Telling 3:00 Table Time with Balloons 6:00 Stampede	17 9:15 Meditation Class 10:15 Balance class 11:00 Black Jack with Johnny 1:10 Game Time 2:00 Discussions/Music 3:00 Penny Bingo 4:00 Wine Tasting 6:00 Moods & Music	18 9:15 Test your Noggin 10:15 Performance Drumming 10:30 Mountain Market 11:00 Music with Tom George 11:00 Karen with UCB 1:15 Hand Massage 2:00 Creative Writing w/ Jack 3:00 Resident Birthday Party	19 9:15 Shopping at Walmart 9:30 Exercise with Symbi 10:15 Fun Fitness 11:00 Craft w/Katie 1:10 Parachute 2:00 Jenga 3:00 Memory Magic w/Kelsi 6:00 Friday Night Flick	20 10:00 Candy Bingo 11:10 ABC Game 1:30 Games with Sydney 2:30 Stitching Group 6:15 Saturday night movie
21 9:45 LDS Sacrament 10:30 Coffee Break 10:40 Relief Society & Priesthood Mtg. 1:30 Afternoon Movie in Living room 2:30 Bible Study 3:00 Walking Club	22 9:15 Let's Talk 10:15 Strength & Cardio 10:30 Coffee Break 11:00 Scenic Bus Ride 2:00 Short Stories 3:00 AL Music with Henry 6:00 Family Home Evening	23 9:15 Current Events 10:15 Chair Chi 10:30 Mountain Market open 11:00 Horse Therapy 11:00 Weights & Vitals 11:15 Beginning Balance 1:10 Craft w/Aleeah 2:00 Poetry Lovers Unite 3:00 Water Games in Courtyard	24 Pioneer Days 9:15 Meditation Class 10:15 Balance class 11:00 Question Quest 1:10 Game Time 2:00 Discussions/Music 3:00 Penny Bingo 4:00 Wine Tasting	25 Community BBQ 9:15 Test Your Noggin 10:15 Performance Drumming 10:30 Mountain Market open 11:00 COMMUNITY Luau BBQ 1:15 Lovely Nails 2:00 Creative Writing w/Jack 3:00 Table Pong	26 9:15 Shopping at Smith's 9:30 Exercise with Symbi 10:15 Fun Fitness 11:00 Craft w/Katie 1:10 Fact or Fiction 2:00 Corn Hole 3:00 Guitar Music w/Nancy 6:00 Friday Night Flick	27 10:00 Candy Bingo 11:10 Boggle 2:00 Walking Club 2:30 Bingo Fun 6:15 Saturday night movie
28 9:45 LDS Sacrament 10:30 Coffee Break 10:40 Relief Society & Priesthood Mtg. 1:30 Afternoon Movie in Living room 2:30 Bible Study 3:00 Walking Club	29 9:15 Let's Talk 10:15 Strength & Cardio 10:30 Coffee Break 11:00 Scenic Bus Ride 2:00 Short Stories 6:00 Family Home Evening	30 9:15 Current Events 10:15 Chair Chi 10:30 Mountain Market open 11:15 Beginning Balance 11:30 Men's Group 1:10 Craft w/Aleeah 2:00 Poetry Lovers Unite 6:00 Imagine Violins Music	31 9:15 Meditation Class 10:15 Balance class 11:00 Trivia Pursuit 11:00 BBQ in Courtyard 1:10 Game Time 2:00 Discussions/Music 3:00 Penny Bingo 4:00 Wine Tasting			